

1ST ANNOUNCEMENT

5TH **FRAGILITY FRACTURE NETWORK OF MALAYSIA (FFNM)**

&

1ST **MALAYSIAN BONE-HEALTH OPTIMIZATION NETWORK (MyBONE)**



ANNUAL SCIENTIFIC MEETING 2026

BEYOND FRAGILITY: OPTIMIZING BONE HEALTH, HEALING AND RECOVERY

22 - 23
AUGUST 2026

M WORLD HOTEL
PETALING JAYA

(Formerly known as Avante Hotel)

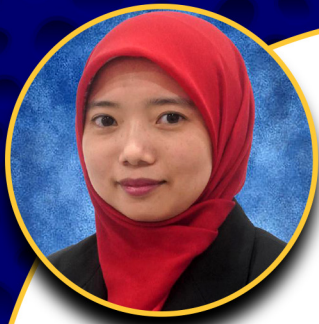
No. 1, Persiaran Bandar Utama, Bandar Utama,
47800 Petaling Jaya, Selangor D.E., Malaysia.



 ffnmybone.com

HRD Corp claimable
course / programme





WELCOME MESSAGE · 5TH FFNM ASM 2026

Assoc Prof Dr Hakimah Binti Mohammad Sallehuddin

Organising Chairperson

On behalf of the FFNM Organising Committee, it is my great pleasure to welcome you to the **5th Fragility Fracture Network of Malaysia & 1st MyBONE Annual Scientific Meeting 2026**, taking place on 22nd–23rd August 2026 at M World Hotel, Petaling Jaya.

This year's theme, "*BEYOND THE FRAGILITY: Optimizing Bone Health, Healing, and Recovery*", reflects our shared commitment to moving beyond the moment of fracture towards a more comprehensive, patient-centred approach — strengthening prevention, optimising acute management, enhancing rehabilitation, and supporting long-term bone health and functional recovery.

As the burden of falls and fragility fractures continues to rise, collaboration across disciplines has never been more essential. This meeting is designed to bring together orthopaedics, geriatrics, rehabilitation, primary care, nursing, physiotherapy, pharmacy, dietetics, and other allied health teams, alongside researchers and partners who share the same mission.

We have curated a scientific programme that combines evidence-based updates with practical insights, case-based discussions, and opportunities to exchange experiences on building effective, sustainable post-fracture care pathways.

Equally important, FFNM x MyBONE ASM 2026 serves as a platform to foster partnerships — across hospitals, community settings, academia, and industry — to translate innovation into real-world impact.

We look forward to welcoming you to Petaling Jaya and working together to advance better outcomes for our patients.



WELCOME MESSAGE · 1ST MYBONE ASM 2026

Dato' Dr Lee Joon Kiong

Organising Chairperson & President, MyBONE

On behalf of the Malaysian Bone Health Optimization Network (MyBONE), it is my great honour and privilege to welcome you to this historic conjoint meeting — the **5th Fragility Fracture Network (FFN) Malaysia Meeting and the 1st Malaysian Bone Health Optimization Network (MyBONE) Conjoint Meeting**.

This gathering represents more than a conference. It marks a significant milestone in Malaysia's journey toward transforming bone health care — from reactive fracture management to proactive, comprehensive bone health optimization.

The theme of this year's meeting, "*Beyond Fragility: Optimizing Bone Health, Healing and Recovery*", reflects an important paradigm shift. Fragility fractures are not isolated events; they are sentinel events. They signal underlying skeletal fragility, systemic vulnerability, and opportunities for intervention.

Today, with the establishment of the Malaysian Bone Health Optimization Network, we aim to further expand this mission — integrating prevention, early diagnosis, perioperative bone health optimization, rehabilitation, and long-term recovery into a unified continuum of care.

This conjoint meeting symbolizes synergy. It brings together orthopaedic surgeons, geriatricians, endocrinologists, physicians, rehabilitation specialists, nurses, allied health professionals, policymakers, and industry leaders.

Together, we share a common responsibility: to reduce the burden of osteoporosis and fragility fractures in Malaysia and the region.

I encourage all of you to actively engage in discussions, challenge assumptions, share experiences from your institutions, and build collaborations that extend beyond this meeting.

Together, we can move beyond fragility — toward resilience, recovery, and restoration of function and quality of life for our patients.

Thank you for your presence, your dedication, and your continued commitment to advancing bone health care in Malaysia.

Fragility Fracture Network of Malaysia

Council Members 2024–2026

Dr Elizabeth Chong Gar Mit President	Assoc Prof Dr Mohd Ariff bin Sharifudin Vice President	Dr Lim Wan Chieh Secretary	Dr Lim Hong Tak Assistant Secretary
Dr Cheah Min Hui Treasurer	Dato' Dr Lee Joon Kiong Committee Member	Assoc Prof Dr Khor Hui Min Committee Member	Assoc Prof Dr Terence Ong Ing Wei Committee Member
Dr Siti Nurbaya Mohd Nawi Committee Member	Ms Catherine Choong Qian Yi Committee Member	Dr Chung Wai Mun Committee Member	Dr Danny Foo Committee Member
Dr Tay Voon Yaa Committee Member	Dr Pan Chee Huan Committee Member	Dr Timothy Cheng Tsin Hen Committee Member	Dr Thong Fu Yuen Committee Member
Dr Reena Nadarajah Committee Member	Assoc Prof Dr Hakimah binti Mohammad Sallehuddin Committee Member	Assoc Prof Dr Loh Pui San Committee Member	Dr Malarkodi Suppamutharwyam Committee Member

Malaysian Bone-health Optimization Network

Council Members 2025–2027

Dato' Dr Lee Joon Kiong President	Dr Juzaily Fekry Leong Vice President	Dr Chan Chee Ken Secretary	Assoc Prof Dr Nor Faissal Yasin Assistant Secretary
Assoc Prof Dr Sanjiv Rampal Treasurer	Prof Dr Azlina Amir Abbas Committee Member	Dr Thong Fu Yuen Committee Member	Assoc Prof Dr Mohd Ariff bin Sharifudin Committee Member
Dr Nur Azree Ferdaus bin Kamudin Committee Member	Dr Melvin Loh Kwong Weng Committee Member	Dr Lawrence Loh Li Loong Committee Member	

Organising Committee

The dedicated team working to deliver an exceptional conference experience.

Assoc Prof Dr Khor Hui Min Advisor	Dr Elizabeth Chong Gar Mit Advisor	Assoc Prof Dr Hakimah binti Mohammad Sallehuddin Organising Chairperson	Dato' Dr Lee Joon Kiong Organising Chairperson
Assoc Prof Dr Mohd Ariff bin Sharifudin Organising Co-Chairperson	Dr Lim Hong Tak Scientific Chairperson	Prof Dr Azlina Amir Abbas Scientific Chairperson	Dr Cheah Min Hui Scientific Co-Chairperson
Dr Malarkodi Suppamutharwyam Committee			

Registration Fees

Category	EARLY BIRD Until 30th June 2026	REGULAR 1st July – 14th August 2026
Malaysian Doctor (FFNM / MyBONE Member) Medical Officer / Trainee	MYR 550	MYR 650
Malaysian Specialist / Consultant (Non FFNM/MyBONE Member)	MYR 650	MYR 750
Malaysian Allied Health Professional / Student (Undergraduate / Postgraduate – non Doctor)	MYR 450	MYR 500
ASEAN*	USD 400	USD 450
International	USD 500	USD 550

* ASEAN Members: Brunei Darussalam, Cambodia, Indonesia, Lao PDR, Myanmar, Philippines, Singapore, Thailand, Vietnam.

PAYMENT METHOD

- Online Transfer / Local Bank Transfer
- Telegraphic Transfer (for overseas)

BANKING DETAILS

Account Name: **Association Fragility Fracture Network of Malaysia**

Bank Name: **CIMB Bank Berhad**

Bank Address: **S21, Lorong Ara Kiri 1, Lucky Garden, Bangsar,
59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur, Malaysia.**

Account Number: **8009617380** (MYR)

Bank Swift Code: **CIBBMYKLXXX**

ROS number: **PM-018-14-29082018**

► Please indicate **FFNMYBONE 2026** under remarks column.

Official Receipt will be emailed to you once the payment has verified by the bank.

TERMS AND CONDITIONS

Cancellation and Refund Policy

No refunds will be issued for cancellations. However, you may nominate an alternate representative to attend in your place by notifying the Conference Secretariat at ConfSec@ffnmybone.com. Please note that this cancellation policy is final and non-negotiable.

Disclaimer

While every effort will be made to ensure that all aspects of the conference proceed as scheduled, the Organising Committee reserves the right to make necessary changes should unforeseen circumstances arise.

Personal Protection Data

Personal information collected by the Conference Secretariat will be used exclusively for this conference.

IMPORTANT NOTES

Please ensure that your email address and mobile number are correct as we will be sending your registration confirmation and e-certificate to your registered email.

Submit Your Abstract Today! Be HEARD! Be RECOGNISED!

KEY IMPORTANT DATES

28 February 2026

Registration & Abstracts Submission Opens

28 Feb - 30 June 2026

Early Bird Registration Fee Period

30 May 2026

Abstracts Submission Closing

EXTENDED

21 June 2026

Announcement of Acceptance

30 June 2026

Presenter Confirmation

10 August 2026

Registration Closing Date

22 – 23 August 2026

Conference



SCAN

to download abstract template



SCAN

to submit abstract

ABSTRACT CATEGORIES

FFNM Categories

- ✓ Acute Management of Fragility Fractures
- ✓ Exercise, Rehabilitation, and Mobility Solutions
- ✓ Secondary Prevention of Fragility Fractures
- ✓ Policy or Practice Changes Related to Fragility Fractures and Falls

MyBONE Categories

- ✓ Aseptic Loosening Arthroplasty / Spinal Surgery / Fracture Fixation
- ✓ Periprosthetic Fractures
- ✓ Bone Health Optimization

SUBMISSION GUIDELINES

1. All submissions must be in English.
2. Submissions must use the provided abstract submission template.
3. Title should not exceed 25 words.
4. Submissions should not exceed 400 words.
5. Only standard abbreviations are permitted.
6. References are not required for submissions.
7. Tables, graphs, and images are allowed.
8. Presentations will also be conducted in English.
9. All abstracts must follow the format outlined below for either Case Reports or Original Research and should be as informative as possible:
 - **Introduction:** Background and specific objectives of the study.
 - **Methods:** Description of the methods, materials, and analytical procedures used.
 - **Results:** Summary of relevant results with sufficient detail to support the conclusions.
 - **Conclusion:** Final conclusions drawn from the study.

Research Based :

Introduction
(including objectives)

**Materials
and Method**

Results

Discussion

Conclusion

Case Report :

Introduction
(including objectives)

**Case
Description**

N/A

Discussion

Conclusion

5th Fragility Fracture Network of Malaysia (FFNM) and 1st Malaysian Bone-health Optimization Network (MyBONe) Annual Scientific Meeting 2026

“BEYOND FRAGILITY: Optimizing Bone Health, Healing and Recovery”

22nd - 23rd August 2026

Day 1 - 22nd August 2026 (Saturday)

Start	End	FFNM HALL	MyBONe HALL
0730	0830	Registration Open	
0830	0840	WELCOME REMARKS (FFNM)	
0840	0850	WELCOME REMARKS (MyBONe)	
0850	0900	OPENING CEREMONY BY GUEST OF HONOUR	
0900	0945	PRESIDENTS' FORUM	
0945	1015	PLENARY 1	
1015	1045	PLENARY 2	
1045	1115	Sponsored Morning Tea Symposium	
1115	1130	Tea Break & Exhibit Visit	
1130	1240	SYMPOSIUM 1	SYMPOSIUM 2
1240	1310	Sponsored Lunch Symposium	
1310	1410	Buffet Lunch & Exhibit Visit	
1410	1440	PLENARY 3	
1440	1510	PANEL DISCUSSION	
1510	1540	Sponsored Afternoon Tea Symposium	
1540	1600	Tea Break & Exhibit Visit	
1600	1710	SYMPOSIUM 3	SYMPOSIUM 4
1710		End of Day 1	
1720	1830	FFNM AGM 2026 (with election)	

Day 2 - 23rd August 2026 (Sunday)

Start	End	FFNM HALL	MyBONe HALL
0730	0830	Registration Open	
0830	0900	PLENARY 4	
0900	0930	PLENARY 5	
0930	1000	PLENARY 6	
1000	1020	Tea Break & Exhibit Visit	
1020	1130	SYMPOSIUM 5	SYMPOSIUM 6
1130	1240	SYMPOSIUM 7	SYMPOSIUM 8
1240	1310	AWARDS PRESENTATION CLOSING CEREMONY	

22nd August 2026 (Saturday)
DAY 1 - MAIN CONFERENCE

FFNM HALL

START	END	TOPIC	SPEAKER
0730	0830	Registration Open	
0830	0840	OPENING REMARKS (FFNM)	Assoc Prof Dr Hakimah binti Mohammad Sallehuddin
0840	0850	OPENING REMARKS (MyBONE)	Dato' Dr Lee Joon Kiong
0850	0900	OPENING CEREMONY Soft Launch of Osteoporosis Booklet	Guest of Honour
0900	0945	PRESIDENTS' FORUM A Bone-friendly Health System Guest of Honour Fragility Fracture Network of Malaysia (FFNM) Malaysian Bone-health Optimization Network (MyBONE) Malaysian Osteoporosis Society (MOS) Malaysian Orthopaedic Association (MOA) Malaysian Society of Geriatric Medicine (MSGM) Patient Advocate (OASKLS)	Moderators : Dr Elizabeth Chong Gar Mit Dato' Dr Lee Joon Kiong
0945	1015	PLENARY 1 The Global Fragility Fracture Network Secondary Fragility Fracture Prevention Competency Framework	Dato' Dr Lee Joon Kiong
1015	1045	PLENARY 2 Bone Health Optimisation: What Healthcare Professionals Need to Know	Prof Dr Aasis Unnanuntana
1045	1115	MORNING TEA SYMPOSIUM Topic - TBA	
1115	1130	Tea Break & Exhibit Visit	
1130	1240	SYMPOSIUM 1 Perioperative Care <i>Risk and Prevention of Intraoperative Hypotension in Older Adults</i> <i>Perioperative Anaemia Risk and Management in Hip Fracture</i> <i>Perioperative Pain Management Strategy: from ED to Discharge</i> Q & A	Dr Syarifah Noor Nazihah Sayed Masri Dr Fadzwan Basri Dr Azrin Mohd Azidin
1240	1310	LUNCH SYMPOSIUM Topic - TBA	
1310	1410	Buffet Lunch & Exhibit Visit	
1410	1440	PLENARY 3 Dementia, Osteoporosis and Fragility Fracture	Assoc Prof Dr Khor Hui Min
1440	1510	PANEL DISCUSSION Should All Hip Fractures be Operated?	Dr Amiruddin Nik Mohamed Kamil Assoc Prof Dr Terence Ong Ing Wei Dr David Tai Ta Wei
1510	1540	AFTERNOON TEA SYMPOSIUM Topic - TBA	
1540	1600	Tea Break & Exhibit Visit	
1600	1710	SYMPOSIUM 3 Complexity Simplified: Case Discussion on Fragility Fractures	Dr Angel Ho Yun Ying Dr Mohd Afiq Muhammed Fuad Dr Justin Wong Gin Leong Prof Dr Lim Jae Young
1710		End of Day 1 - Main Conference	
1720	1830	FFNM AGM 2026 (with election)	

22nd August 2026 (Saturday)
DAY 1 - MAIN CONFERENCE

MyBONe HALL

START	END	TOPIC	SPEAKER
0730	0830	Registration Open	
0830	1115	<i>Please proceed to FFNM Hall for more programme</i>	
1115	1130	Tea Break & Exhibit Visit	
1130	1240	SYMPOSIUM 2	
1130	1200	BHO Spine & Arthroplasty <i>BHO for Arthroplasty</i>	Dato' Dr Lee Joon Kiong
1200	1230	<i>BHO for Spine Surgeries</i>	Prof Dr Sabarul Afian Mokhtar
1230	1240	Q & A	
1240	1310	<i>Please proceed to FFNM Hall for more programme</i>	
1310	1410	Buffet Lunch & Exhibit Visit	
1410	1540	<i>Please proceed to FFNM Hall for more programme</i>	
1540	1600	Tea Break & Exhibit Visit	
1600	1700	SYMPOSIUM 4	
1600	1615	Foundations for Surgical Success <i>Preoperative planning for Spine Surgery</i>	Dr Nur Azree Ferdaus bin Kamudin
1615	1630	<i>Preoperative planning for Arthroplasty</i>	Dr Juzaily Fekry Leong
1630	1645	<i>Implant Design for Patients with Osteoporosis</i>	Assoc Prof Dr Nor Faissal Yasin
1645	1700	Q & A	
1710		End of Day 1 - Main Conference	

START	END	TOPIC	SPEAKER
0730	0830	Registration Open	
0830	0900	PLENARY 4 Pharmacological Treatment in BHO	Assoc Prof Dr Mohd Ariff bin Sharifudin
0900	0300	PLENARY 5 From Evidence to Recovery: Optimizing Outcomes in Patients with Fragility Fractures	Prof Dr Lim Jae Young
0930	1000	PLENARY 6 What a Difference a Nurses Make: The Role of Nursing in Fragility Fracture Care	Ms Fadzleen Binte Johari
1000	1020	Tea Break & Exhibit Visit	
1020	1130	SYMPOSIUM 5 Fracture Liaison Service <i>Fall Prevention After Hip Fracture (Targeted Exercise and Medication Interventions)</i>	Dr Angel Ho Yun Ying
1020	1040	<i>Fragility Fracture Registry and OrthoGeriatric Certification</i>	Dr Elizabeth Chong Gar Mit
1040	1100	<i>Closing the Treatment Gap: Strengthening Primary Care in Secondary Fracture Prevention in Malaysia</i>	Dr Nagammai Thiagarajan
1100	1120	<i>Q & A</i>	
1120	1130	SYMPOSIUM 7 Rehabilitation <i>Rehabilitation in patients with vertebral fracture</i>	Prof Dr Julia Anak Patrick Engkasan
1130	1150	<i>Life After Hip Fracture: Post-Discharge Risks, Readmissions and Recovery</i>	Dr Malarkodi Suppamutharwyam
1150	1210	<i>Nutritional Pathway: From Perioperative Period to Recovery in the Community</i>	Dr Noraida Omar
1210	1230	<i>Q & A</i>	
1230	1240	AWARDS PRESENTATION & CLOSING CEREMONY	
1240	1310	End of Main Conference	

START	END	TOPIC	SPEAKER
0730	0830	Registration Open	
0830	1000	<i>Please proceed to FFNM Hall for more programme</i>	
1000	1020	Tea Break & Exhibit Visit	
1020	1130	SYMPOSIUM 6 Strengthening the Pathway: Bone Health in Surgical Decision-Making Forum & Case Discussion	Prof Dr Aasis Unnanuntana Dato' Dr Lee Joon Kiong Dr David Tai Ta Wei
1130	1240	SYMPOSIUM 8 Bone Health and Surgical Complications <i>Aseptic Loosening Spine - Lost Purchase</i> <i>Aseptic Loosening Arthroplasty - Help! My Implant is Sinking</i> <i>Periprosthetic Fracture</i> Q & A	Prof Dr Sabarul Afian Mokhtar Assoc Prof Dr Sanjiv Rampal Dr Lawrence Loh Li Loong
1240	1310	AWARDS PRESENTATION & CLOSING CEREMONY	
1310		End of Main Conference	

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Venue & Contact Us

Reach Us

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The Congress Venue

M WORLD HOTEL

No. 1, Persiaran Bandar Utama, 47800 Petaling Jaya, Selangor, Malaysia
(Formerly known as Avante Hotel)

For enquiries, email the corresponding addresses:

Conference Secretariat

ConfSec@ffnmybone.com

FFNM Membership

ffnmalaysia@gmail.com

Abstract Submission

Abstract@ffnmybone.com

MyBONe Membership

To Be Announced

This announcement has been prepared in good faith and is correct at the time of sharing. There will be changes as the meeting planning progresses.

